

ClinArt Newsletter

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Egypt Revolution: Tips for Disaster Recovery

Egypt revolution had impacted the life rhythm in Egypt and given it a new dimension, within which it carries an abrupt and new challenges to the Egyptian's society at all levels.

Even though such events were unthinkable, ClinArt adhered to disaster recovery standards way ahead of any looming disaster- the standards stated that certain measures should be in place such as preventative security; backups; and auto recovery.

These measures were planned, studied, discussed, approved and executed to guarantee the maximum level of security to all documents and material that are present inside ClinArt Egypt's office. I still remember the wonder on the face of the person who was installing our fire proof cabinets: asking frequently why is ClinArt spending seriously on fire resistant systems.

As ClinArt is a pioneer in the field of Clinical Research, we make no savings when it comes to adhering to high standard conduct and policies. Hence, ClinArt considers high security as an asset, which is checked periodically to ensure smooth running of the system and to uncover possible faults that may be unnoticed to the untrained eye.

Once any person enters ClinArt's premises at any of its access points, surveillance cameras will capture and record this person's in/out movement. The data is collected and revised on an ongoing basis. All documents delivered to ClinArt Egypt's office will go through a fine checking and tracking procedure, a tracking note is then sent to the sender as a confirmation of document receipt.

The anti-fire system installed in the office is supplied by high pressure pumps, which in case of fire, and specifically at 670 C, will cause the rubber pipes around the office to release an anti-fire powder, to extinguish the fire without damaging the in-house documents. The document's cupboards are designed to be a distance away of the

We present to all our readers the first issue of the Year 2011.

Enjoy Reading, and as always we welcome your comments and feedback.

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ClinArt Trainings

ClinArt had offered two trainings, one in the month of December, 2010 and the other in January, 2011 in Rashid Hospital about The Study Design and ICH-GCP Training.

These trainings are

office's ground, to keep its contents safe in case of an unexpected flood. The office is double checked every end of day, making sure of all security settings before closing.

And finally, the security team who guards ClinArt's office building is available 24/7, regardless of the vacation's season and special events.

Above all, ClinArt is committed to keep its office's security levels always updated to be prepared meeting any challenging situations that may arise from nowhere!

Working with the Investigators in GCC



The year 2010 was a great year with ClinArt as a CRA. I handled a couple of projects, with the cardiovascular study being the major one where I had a chance to visit different Gulf States and the honor to work alongside key cardiologists. Indeed it was an experience to treasure!

During my regular monitoring visits at the study sites as a Clinical Research Associate (CRA), I got to meet Investigators who are part of the study. It was a real quality time at the sites for the investigators who reviewing their routine work at the clinics and also dedicating a part of the time for the assigned study. It was fascinating to see the patients who visit them keep a good faith in them for the purpose of their visit.

As a CRA I too expected the same from the investigators for the purpose of my visit as part of the investigators' time was dedicated for the research study.

During these visits I have seen Investigators with different ways of approaching the treatment of their patients. But all have the common goal- the wellbeing of their patients. As it was a study related to the subjects who are under the treatment of hypercholesterolemia, the study population was very large. The total number of subjects recruited for the study was more than 5400, with more than 1300 from the gulf (UAE, Oman, Kuwait, Bahrain, and Qatar).

During all my visits the investigators showed a lot of enthusiasm about the study and were keen to see the country they represent enroll a good number of subjects.

Overall at the end of the study the enthusiasm and dedication of work

complementary and are done on a regular basis in different hospitals to make people more aware about clinical research.

ClinArt's main purpose for these trainings, is to increase the awareness, so that we can educate the public about the different benefits of clinical research and what exactly it is and how it works.

In this training, starting from the history of ICH-GCP, terms and definitions of people involved in ICH-GCP, Laws, Ethics Regulations and many more, were covered. The speaker for both the sessions was Dr. Maha Al Farhan, CEO, ClinArt.

This training was attended by doctors and physicians from Neurology, Cardiology, Wound Care Unit, Emergency, Nursing, Quality and General Surgery departments. As some of the physicians were

shown from the Investigators end and our end was really appreciable and rewarding. I would like to thank everyone related to this cardiovascular project for their contribution. A great TEAM EFFORT indeed! The data collected would greatly benefit future treatment and would certainly pave way for future clinical trials to be conducted across in the region.

ClinArt had organized Academic CRO: Industrial Collaboration Track in the 3rd International Conference on Drug Discovery and Therapy (ICDDT), on the 9th of Feb which was held at Dubai Women's College, United Arab Emirates from 7-10 Feb, 2011.

www.icddt.ae

unaware of the clinical research terminology, an interactive session was made-up, with a number of questions being asked and everyone participating in it to answer and understand.

A very positive feedback was received by the audience for both of the trainings and has requested to deliver more information about clinical research to them as this is the topic of their interest.

Certificates were issued to the attendees at the end of the session.